

PrYme Time Sites

County	Branch	Licensed Site	County	Branch	Licensed Site
CLAY	Dye Clay Family YMCA 3322 Moody Road Orange Park, FL 32065 904.272.4304	All Clay County Elementary Schools are licensed PrYme Time sites	NASSAU	McArthur Family YMCA 1915 Citrona Drive Fernandina Beach, FL 32034 904.261.1080	Atlantic Kids Campus Serving children from: Southside Elementary Emma Love Hardee Elementary
		Parkwood Heights Elementary			Bryceville Elementary Callahan Elementary Callahan Intermediate Hilliard Elementary Yulee Kids Campus Serving children from: Yulee Primary Yulee Elementary
		duPont YMCA Campus Child Development Center Serving children from: Beauderc Elementary Crown Point Elementary Kings Trail Elementary Loretto Elementary Mandarin Oaks Elementary Pine Forest Elementary San Jose Elementary duPont Middle School (AM only) Mandarin Middle School (AM only)			St. Augustine Family YMCA 500 Pope Road St. Augustine, FL 32080 904.471.9622
DUVAL	Arlington Family YMCA 9119 Merrill Road Jacksonville, FL 32225 904.744.2233	Williams Family YMCA 10415 San Jose Boulevard Jacksonville, FL 32257 904.292.1660	ST. JOHNS	Winston Family YMCA 170 Landrum Lane Ponte Vedra Beach, FL 32082 904.543.9622	Ocean Palms Elementary
		Johnson Family YMCA 5700 Cleveland Road Jacksonville, FL 32209 904.765.3589			Tiger Academy



YMCA OF FLORIDA'S FIRST COAST
Metropolitan Office
12735 Gran Bay Parkway West, Suite 250
Jacksonville, FL 32258

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FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN GROW THRIVE

PrYme Time
Before and After School Care

FirstCoastYMCA.org



PRYME TIME

Before and After School Care

ABOUT THE PROGRAM

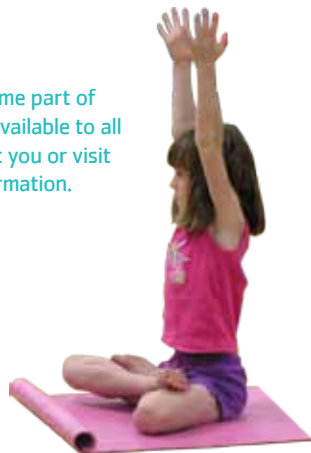
PrYme Time is part of the YMCA's history of dedication to youth and children's services. It was established to meet the needs of working parents in the community while providing their children a fun, safe, enriching environment that would promote the YMCA's four core values of caring, honesty, respect and responsibility. PrYme Time offers a variety of daily activities focusing on academic support, character development, physical fitness and proper nutrition under the leadership of qualified, professional staff.

Every effort is continuously made to ensure the safety and well-being of children in PrYme Time each day. Our experienced staff team is dedicated to meeting the physical, emotional and intellectual needs of all children under our care in a safe, nurturing and learning environment.

ACADEMIC SUPPORT

Children in PrYme Time receive help on their homework and take part in educational activities that reinforce what is learned at school. Research shows that children who spend time in constructive learning activities after school perform better in the classroom.

Register your child today and become part of our family. Financial assistance is available to all who qualify. Call the YMCA nearest you or visit FirstCoastYMCA.org for more information.



PHYSICAL FITNESS & NUTRITION

YMCA PrYme Time ensures children are given a unique mix of activities that focus on health, fitness and nutrition. Children also receive healthy snacks based on the guidelines from the USDA.

Teaching healthy behaviors at a young age is important; behaviors involving physical activity and nutrition are the cornerstone of preventing obesity in children and adolescents. We are proud to incorporate [Youth Fit For Life™](#) into our curriculum – a physical activity and health behavior change program specifically designed for elementary-aged youth. The program consists of cardiovascular exercise three times per week in the form of non-competitive activities and cooperative games, resistance training using bands two times per week, as well as interactive, age-appropriate behavioral skills training, like goal setting, progress feedback and facilitative self-talk.

CHARACTER DEVELOPMENT

PrYme Time encourages positive behavior and good choices through character development activities. Children learn the importance of many values, particularly the YMCA's core values – caring, honesty, respect and responsibility.

Children in PrYme Time learn how to interact with other children and adults. They learn how to share, make friends and understand other people's feelings. Through the integration of values-based curriculum and recreation, participants learn and grow while having fun.

QUALIFIED, PROFESSIONAL STAFF

YMCA PrYme Time staff must meet state licensing requirements. In addition to YMCA training, many PrYme Time staff hold professional certifications in childcare and advanced degrees in early childhood education.

GIVE TO THE Y

Through support raised by the Give to the Y Campaign, we are able to reach out to families throughout the community to provide PrYme Time and other opportunities they may otherwise not be able to afford. Donations made to the Give to the Y Campaign provide scholarships for children to participate in recreational, learning and life-enhancing experiences that will enable them to grow and develop into well-rounded, healthy and productive adults. Anyone interested in sending one or more children to PrYme Time by donating to the campaign may do so in person or on our website.

FINANCIAL ASSISTANCE

Scholarships, in the form of financial assistance, are awarded to families interested in participating in YMCA programs, like PrYme Time. To determine eligibility, a family must complete a financial assistance application and supply all necessary supporting documentation. A member of the YMCA professional staff team will review applications confidentially and make award determinations based on a sliding scale. We are sensitive to extenuating circumstances, and will readily discuss needs a family may have beyond what their household income would indicate.