

We rely on the generosity of our community to ensure that every individual regardless of age, income or background, has access to the essentials needed to learn, grow and thrive. Take a look at how giving to the Y changes the lives of the children, adults and families who need us so much.



STRENGTHENING THE FOUNDATIONS OF COMMUNITY

The Y is a powerful association of men, women and children from all walks of life joined together by a shared passion: to strengthen the foundations of community. We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors.

YMCA of Florida's First Coast

Though the world may be unpredictable, one thing remains certain – the Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities.

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FirstCoastYMCA.org



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GIVE TO THE Y CHANGE YOUR COMMUNITY

Strong Kids Campaign



GIVE TO THE Y

Thanks to our donors, we are able to deliver programs and services focused on nurturing the potential of every child and teen, improving our community's health and well-being, and giving back and providing support to our neighbors.

Please join with us in our efforts to strengthen our community by giving to the Y...

› FOR YOUTH DEVELOPMENT

We believe that all kids deserve opportunities to discover who they are and what they can achieve. With your help, we ensure that every child has a chance at a brighter future by participating in programs that build character and self-esteem from an early age. Children in Y programs cultivate values, skills and relationships that lead to positive behaviors, better health and educational achievement.

› FOR HEALTHY LIVING

A healthy community begins with healthy people. At the Y, we bring families closer together, encourage good health and foster connections through fitness, sports, fun and shared interests. With your help, we provide opportunities for the young and young at heart to receive the support, guidance and much-needed resources to achieve better health and well-being, in spirit, mind and body.

› FOR SOCIAL RESPONSIBILITY

Because we're in this together, we work together, side-by-side with and for our neighbors. With your help, we unite people for good, and make sure everyone has a place to belong by making our services available to all, regardless of any financial barrier that may exist. We are advocates for the happiness and well-being of each and every member of our community, whom we call "family".



To give to the Y, or to see real stories of how doing so makes a difference in your community, visit [FirstCoastYMCA.org](https://www.FirstCoastYMCA.org).

