


Yates Family YMCA Aquatics Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Programming		
500am	 The Pool Will Close For 30 Min. Per The Last Lighting Strike Or Thunder!!	Open 5:30am	Open 5:30am	Open 5:30am	Open 5:30am	Open 5:30am		Updated 1/30/2010		
530am		4 lanes available for lap swimming	4 lanes available for lap swimming	4 lanes available for lap swimming	4 lanes available for lap swimming	4 lanes available for lap swimming			Group Swim Lessons	
600am		5:30am-8:30am	5:30am-10:00am	5:30am-8:30am	5:30am-10:00am	5:30am-8:30am				Monday -Thursday PM Preschool 6:00pm-6:30pm Youth 6:30pm-7:15pm Adult 7:15pm-8:00pm Saturdays AM Parent&Child 8:30am-9:00am Preschool 9:15am-9:45am Youth 10:00am-10:45am Adult 10:45am-11:30am
630am			Water Fitness 8:30am-9:30am 1 Lane Available		Water Fitness 8:30am-9:30am 1 Lane Available			Water Fitness 8:30am-9:30am 1 Lane Available		
700am									Aqua Jog & Lap Swim 9:30am-10:00am	
730am			Water Fitness 10:00am-11:00am 1 Lane Available	Water Fitness 10:00am-11:00am 1 Lane Available	Water Fitness 10:00am-11:00am 1 Lane Available	Water Fitness 10:00am-11:00am 1 Lane Available		Water Fitness 10:00am-11:00am 1 Lane Available		
800am										
830am			Physical Therapy 2 lanes available for lap swimming		Physical Therapy 2 lanes available for lap swimming					
900am										
930am			Swim Team lap swimming	Swim Team 4:00pm-6:00pm 1 Lane Available	Swim Team lap swimming	Swim Team 4:00pm-6:00pm 1 Lane Available		Swim Team 4:30pm-5:30pm 1 Lane Available		Sulzbacher 3:00pm-4:30p
1000am	Group Swim lessons 2 lanes for lap swimming						Group Swim lessons 2 lanes for lap swimming			
1030am		Group Swim lessons 2 lanes for lap swimming	Group Swim lessons 2 lanes for lap swimming	Group Swim lessons 2 lanes for lap swimming	Group Swim lessons 2 lanes for lap swimming					
1100am									6:00pm-8:00pm	6:00pm-8:00pm
1130am										
1200pm									8:00pm-9:00pm	8:00pm-9:00pm
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